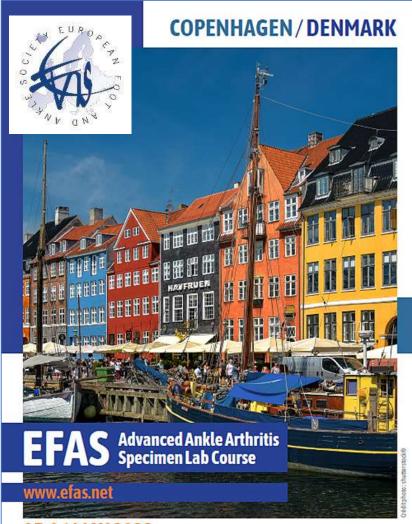
6 - 7 Décembre 2022 Lyon - France



05-06 MAY 2022

European Foot & Ankle Society

University of Copenhagen, The PANUM Institute
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Chirurgie de la CHEVILLE

et Infection

Infections in Ankle Arthroplasty

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INTRODUCTION

Prosthetic-Joint Infections (PJI) in ANKLE Arthoplasty

= "high grade" complication

- Adverse outcome
- **Prolonged Hospital stay**
- **Higher Cost**
- Literature?

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Glazebrook MA - Foot Ankle int 2009

22 studies - 12.4% failure at 64 mo

Evidence-Based Classification of Complications in Total Ankle Arthroplasty

Mark A. Glazebrook, PhD, MD, FRCS(C); Kory Arsenault, BSc; Michael Dunbar, MD, PhD, FFCS(C)

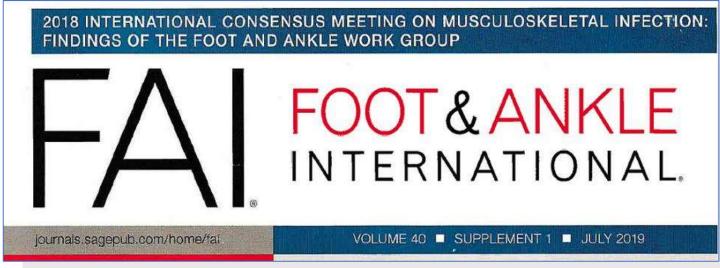
ABSTRACT

Background: Total ankle arthroplasty (TAA) has become a viable treatment for end-stage ankle arthrosis. Current literature on survival rates and complications of TAA consist of Level of Evidence: III, Systematic Review of Level III and IV Studies

Key Words: Ankle; Arthroplasty; Replacement; Complications; Classification; Survival

LITERATURE





PART VI

FOOT AND ANKLE

Section 1: Prevention

1.1. Total Ankle Arthroplasty-specific
1.2. Non-total Ankle Arthroplasty-specific

Section 2: Diagnosis
2.1. Total Ankle Arthroplasty-specific
2.2. Non-total Ankle Arthroplasty-specific

Section 3: Treatment
3.1. Total Ankle Arthroplasty-specific
3.2. Non-total Ankle Arthroplasty-specific

European Review for Medical and Pharmacological Sciences

2019; 23(2 Suppl.): 159-172

Trends in surgical management of the infected total ankle arthroplasty

A. MAZZOTTI, G. GERACI, A. PANCIERA, F. PERNA, N. STEFANINI, F. PILLA, A. RUFFILLI, C. FALDINI

1st Orthopaedic and Traumatologic Clinic, IRCSS Istituto Ortopedico Rizzoli, Bologna, Italy

32 papers – 152 infected TAA

Primary treatment :

- ✓ Irrigation-debridment 17.8%
- ✓ Revision TAR 47.4%
- ✓ Arthrodesis 19.7%
- ✓ Spacer arthroplasty 7.9%
- ✓ Amputation 5.9%



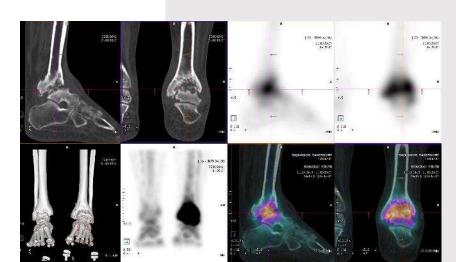
Our experience

C. Triffault-Fillit (infectiologue) – F. Ewald (mémoire DIU – Avril 2022)

2015 to sept 2021 - Serie of 235 TAR (Salto Talaris and/or XT)

- 9 Infection post TAR (3 from other center)
 - ✓ 5 Irrigation- Debridment retention of TAA (FU 28 mo)
 - ✓ 4 two-stage exchange TAA (FU 14mo)





- **5 TAR following septic arthritis history** (FU 16 mo)
 - √ 3 one-stage TAA
 - ✓ 2 two-stage TAA

No infection recurrence – No TAR revision

AOFAS (/100): 78 \pm 14 **EFAS** (European score/24): 17 \pm 5 **VAS** 1.9 \pm 1.4



Incidence of PJI (prosthetic joint infections)

Total knee / Hip : 3 %

Total Ankle :

- ✓ Superficial infections 0 % to 14.7%
- ✓ Deep infections 0.8 % to 6.9 %
- **✓ Primary TAA : 0% 2.5%**
- Revision TAA: 4.7 %



Problem literature THP/TKP

- Younger patient population
- Previous Surgeries
- <u>Tenuous soft tissue envelope</u>

Specific difficulties in treating infected TAR

Obtain Mechanical Stability

Adequate Soft Tissue Coverage

Eradicate infection

Restore Comfort

Maintain function

Choices of treatment



- ☐ TAA retention
- ☐ Irrigation and Aggressive debridement
- □ Removal of TAA in one or two- stages
 - 2 stage procedure with AB impregnated spacer
 - **✓** Fusion
 - ✓ Revision Arthroplasty
 - Definitive Spacer
 - One stage fusion with circular frame ...
 - Amputation

- MAZZOTI 2019 -32 papers 152 infected TAA
- Irrigation-debridment 17.8%
- Revision TAR 47.4%
- Arthrodesis 19.7%
- Spacer arthroplasty 7.9%
- Amputation 5.9%

DIU Infection
Osteo-Articulaire



DIAGNOSIS

Definitions: what are we talking about?

Type of infection



- Cellulitis
- Wound dehiscence



Late Chronic Infection

- Infection free period
- Sinus tract
- 3 months of index Surgery

Hematogenous Infection

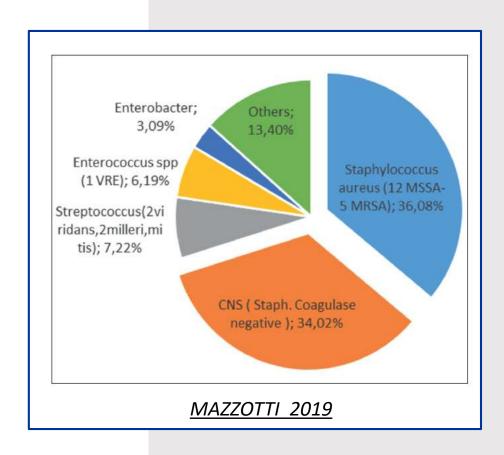
- Infection free period
- Documented remote source

Causative GERMS



Higher proportion of gram-positive micro-organisms (91%) compared to TKP/THP

Possible Concern = Younger patients : Higher risk of CA-MSSA



- 1. Staphylococcus aureus Methicillin -sensitive (MSSA)
- 2. <u>Coagulase Negative Staphylococci</u> (CNS)
- 3. Group B streptococcus
- 4. Streptococcus milleri
- 5. Streptococcus viridans
- 6. Pseudomona aeruginosa

Polymicrobial infection (10.9%)



RISK FACTORS

Comorbidities leading to wound healing problems

Proven:

- 1. Inflammatory Disease
- 2. Number of previous surgeries
- 3. Peripheral Vascular Disease
- 4. Prior TAR
- 5. BMI < 19
- 6. Age < 65 Y
- 7. Hepatitis C

Uncertain:

- Smoking
- Diabetes
- Low functional pre-operative Scores
- BMI > 30

ALTHOFF. Patient-related risk factor for PJI: an analysis of 6977 TAA. J Foot Ankle surg 2018 KESSLER. Risk factor for periprosthetic anke joint infection. J Bone Joint Surg Am 2012 PATTON. Infected TAA: risk factors and treatment option. FootAnkle Int 2015 RAIKEN. Risk factors for incision-healing complications following TAA. J Bone Joint Surg AM 2010



RISK FACTORS

- Prior Cortico-Steroids injection
 - Implantation 3 months after injection

Authors: Ilker Uçkay, Christopher Hirose, Mathieu Assal

QUESTION 2: Does intra-articular injection of the ankle with corticosteroids increase the risk of subsequent periprosthetic joint infection (PJI) following total ankle arthroplasty (TAA)? If so, how long after a prior intra-articular injection can TAA be safely performed?

RECOMMENDATION: Every intra-articular injection of the ankle is an invasive procedure associated with potential healthcare-associated infections, including periprosthetic joint infection (PJI) following TAA. Based on the limited current literature, the ideal timing for elective TAA after corticosteroid injection for the symptomatic native ankle joint is unknown. The consensus workgroup recommends that at least three months pass after corticosteroid injection and prior to performing TAA.

LEVEL OF EVIDENCE: Limited

DELEGATE VOTE: Agree: 92%, Disagree: 8%, Abstain: 0% (Super Majority, Strong Consensus)



Prior Septic arthritis or osteomyelitis

- Infection assessment
- History/ physical examination
- Serology
- aspiration of joint
- In doubt : deep cultures

Per-op: deep cultures and cleaning

BAUER . Arthroplasty following a septic arthritis history: a 53 cases series. Orthop Traumatol Surg Res 2010

- \checkmark 31 knees − 22 hips. FU 5 yrs
- ✓ Two-stage (for 30 evolutive septic arthritis): 87% sepsis control
- ✓ One -stage (for 23 quiescent septic arthritis): 95% sepsis control

SHI. Total Ankle Arthroplasty following prior infection about Ankle. FAI 2015

- ✓ 22 pts. Interval between infection-TAA 8.8 yrs
- ✓ One-stage TAA. FU 29 mo
- ✓ No re-infection
- ✓ Improved outcomes in pain and function

Example of two-stage TAA after septic osteoarthritis





55 yrs old man

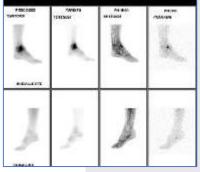
- Pilon tibial fract
- + PO wound dehiscence

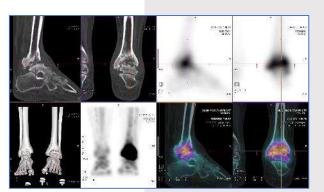












Two-stage TAA (*April – August 2020*) PMMA palacos Genta spacer

AOFAS 95 / 100









CRIOAC LYON

HISTORY

Surgery

- ✓ Time of Index Surgery
- ✓ Duration Surgery
- ✓ Wound Drainage
- ✓ Wound Dehiscence
- ✓ Post-operative AB treatment

Comorbidities

- Raisons for Hematogenous Event
 - ✓ Dental Care
 - ✓ Catheter Chamber

CRIOAC LYON

CLINICAL PRESENTATION

Depends on

- Virulence
- Inoculation Method
- Duration of Infection

General Presentations

- Pain and limping with walking
- Inflammatory Pain
- Pain mobilization TT and ST joint
- Rubor, Dolor
- Joint effusion
- Sinus Tract



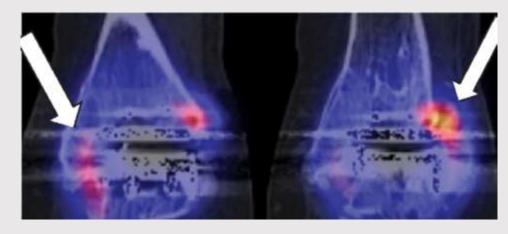
CLINICAL PRESENTATION





Acute Infection

- Hight Fever, Toxemia
- Sever Pain , Joint Effusion
- Increased Skin Temperature
- Wound Drainage



Chronic Infection

- o Pain
- Joint effusion
- Non Systemic signs of infection
- Sinus Tract



Delayed presentation

Aseptic Loosening

When to Aspirate of possible Infected Joint?



Authors: Milena M. Plöeger, Amiethab Aiyer

QUESTION 4: What are the indications for aspiration of a possibly infected total ankle arthroplasty (TAA)?

RECOMMENDATION: Whenever a periprosthetic joint infection (PJI) of a TAA is clinically possible or suspected, especially when elevated erythrocyte sedimentation rate (ESR) or C-reactive protein (CRP) levels exist, and in correspondence to the literature on PJI in total hip and knee arthroplasties, joint aspiration is indicated.

LEVEL OF EVIDENCE: Consensus

DELEGATE VOTE: Agree: 100%, Disagree: 0%, Abstain: 0% (Unanimous, Strongest Consensus)

- Positive Clinical Signs
- CRP/ESR Elevation
- High Index of Suspicion

- ✓ Sterile Conditions
- ✓ Antero Medial Portal
- ✓ UltraSound guidance ?

- Culture, gram stain
- WBC, Neutrophil Count
- Biomarkers
 - ✓ Leucocyte Esterase
 - ✓ Alpha-Defensin

DIAGNOSIS CRITERIA

Defined by Musculoskeletal Infection Society. Modified by the international Consensus group PIJ 2014

TABLE 1. Diagnostic criteria of periprosthetic joint infection according to the International Consensus Group on Periprosthetic Joint Infection

Major Criteria

- Identification of 2 positive periprosthetic cultures with phenotypically identical microorganisms OR
- · Presence of a sinus tract communicating with the joint

Minor Criteria

- Elevated serum CRP AND elevated ESR.
- Elevated synovial fluid WBC count OR ++ change on leukocyte esterase test strip
- Elevated synovial fluid PMN%
- · Positive histologic analysis of periprosthetic tissue
- · A single positive culture

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Criterion	Acute PJI	Chronic PJI	
ESR(mm/h)	Not helpful with no defined threshold	30	
CRP (mg/L)	100	10	
Synovial WBC count (cells/ μl)	10,000	3000	
Synovial PMN %	90	80	
Leukocyte esterase	+OR++	+OR++	
Histologic analysis of tissue	>5 neutrophils per HPF (x 400) in 5 HPF		

CRP, C-reactive protein; ESR, erythrocyte sedimentation rate; PMN%, polymorphonuclear neutrophil percentage; WBC, white blood cell count; HPF, high-powered field; PJI, periprosthetic joint infection, mm/h, millimeters per hour; µl, microliters. (Adapted with permission [2].)

One Major Criterium

3 to 5 Minor Criteria

- Probe the sinus
- Same micro-organism in 2pre or intra-operative cultures
- Acute inflammation on histopathological examination
- Visible pus surrounding the joint

Imaging



Not Specific

- **US and MRI** : localization of abscess
- **CT scan**: osteolysis
- SPECT-CT + leucocytes

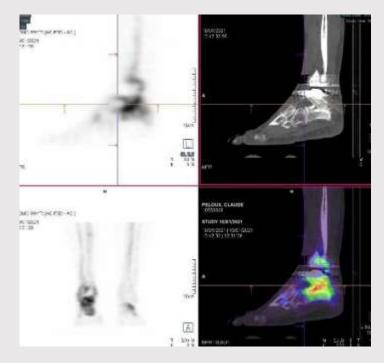














Histopathological examination ++

- Acute inflammation
- Acute osteitis signs
- Chronic osteitis signs

PCR testing

Authors: Khaled Emara, Amiethab Aiyer, Ryan Rogero

QUESTION 8: What is the role of molecular techniques for detection of pathogen deoxyribonucleic acid (DNA) (polymerase chain reaction (PCR) or next-generation sequencing) in patients with infected total ankle arthroplasty (TAA)?

RECOMMENDATION: Molecular techniques, particularly next-generation sequencing and the Ibis T5000 technology, have the potential to be used as an important adjunct in the diagnosis of bacterial infection following TAA, although sufficient clinical evidence is lacking.

LEVEL OF EVIDENCE: Limited

DELEGATE VOTE: Agree: 100%, Disagree: 0%, Abstain: 0% (Unanimous, Strongest Consensus)

- No clinical Data
- Expensive
- Availability?
- Could be important adjunct in the diagnosis of bacterial infection

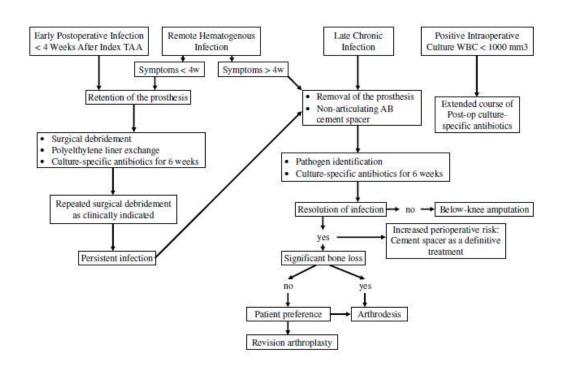
TREATMENT

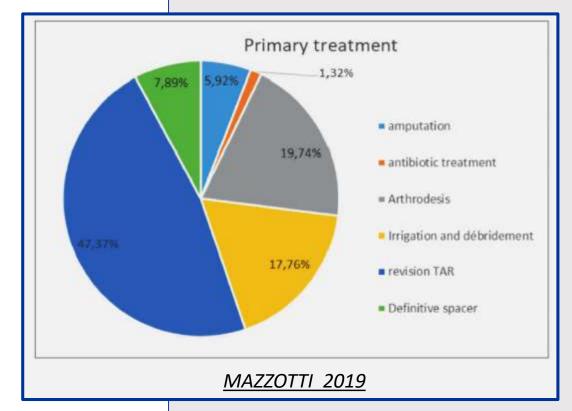
Authors: Steven Raikin, Selene Parekh, Elizabeth McDonald

QUESTION 1: What is the treatment "algorithm" for an infected total ankle arthroplasty (TAA)?

RECOMMENDATION: The treatment of an infected TAA is largely dictated by the acuity of the infection. The following treatment algorithm modi-

fied for TAA is recommended [1].



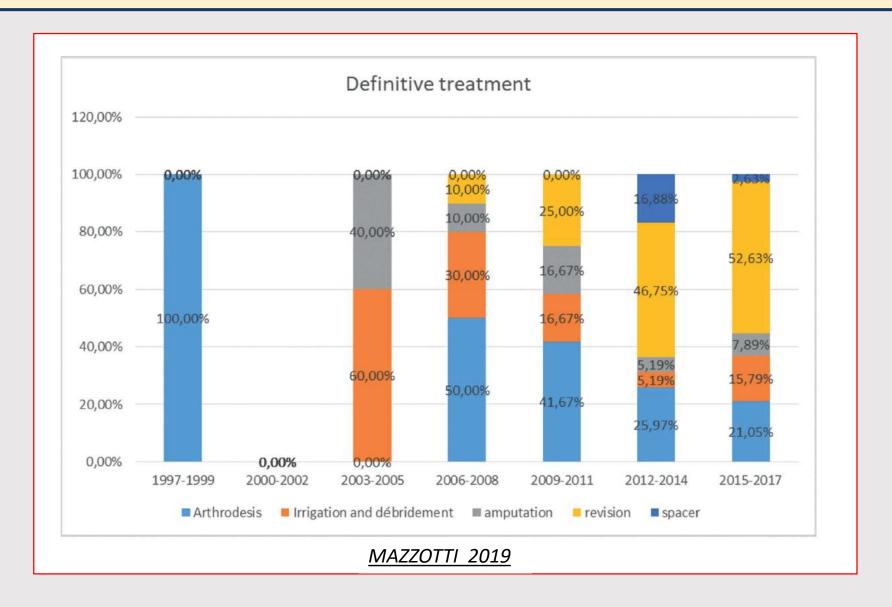


LEVEL OF EVIDENCE: Limited

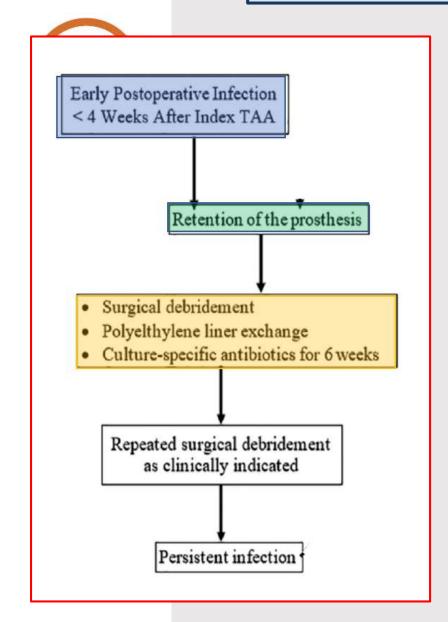
DELEGATE VOTE: Agree: 100%, Disagree: 0%, Abstain: 0% (Unanimous, Strongest Consensus)



evolution of surgical practices during the last 20 years!



EARLY post-operative infection



MAZZOTTI 2019 – review

Irrigation + Debridment

27 cases (17.8%)

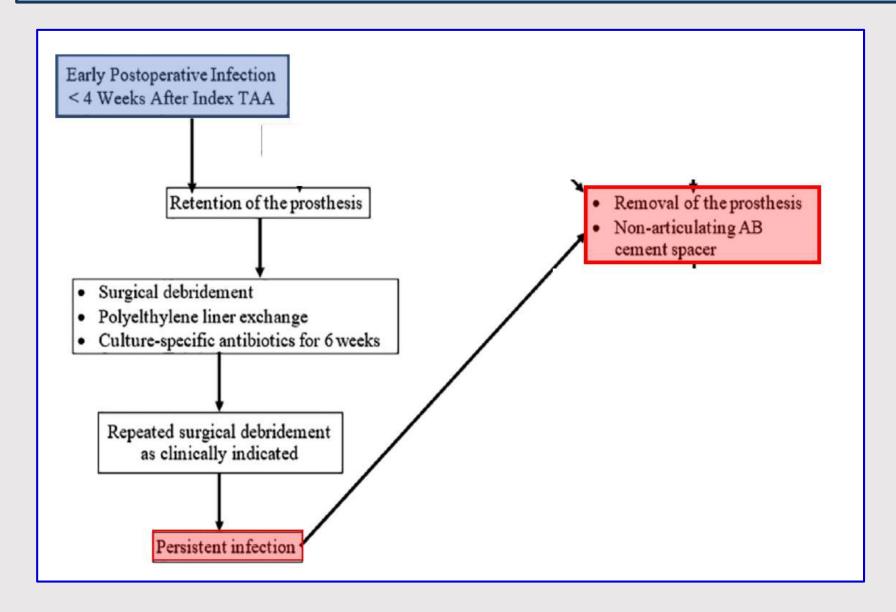
- Infection healing 48.2%
- Good functional outcome 30%

Author	Number of TAA Infections	Number of Attempted DAIR	Remission
Kessler et al. [1]	34	21	14/21 (67%)
Ferrao et al. [2]	6	О	6/6 (100%)
Myerson et al. [3]	19	4	All DAIR patients developed later infection and failed
Patton et al. [4]	29	5	Unknown for DAIR

TAA, total ankle arthroplasty; DAIR, debridement, antibiotics and implant retention



Early post-operative infection





One-stage versus Two-stage revision

Authors: Kent Ellington, Thomas B. Bemenderfer

QUESTION 7: What are the indications for one-stage versus two-stage exchange arthroplasty in management of the infected total ankle arthroplasty (TAA)?

RECOMMENDATION: Two-stage exchange arthroplasty is recommended in the majority of cases following infected TAA. One-stage arthroplasty is only indicated in a limited patient population with acute infection, preoperatively identified low-virulence organisms and low-risk patient factors.

LEVEL OF EVIDENCE: Consensus

DELEGATE VOTE: Agree: 92%, Disagree: 8%, Abstain: 0% (Super Majority, Strong Consensus)

TABLE 1. Indications for one- versus two-stage exchange for infected TAA

Treatment Type	Indications
One-stage Exchange Arthroplasty	No sinus tract or exposed hardware Healthy patient and soft tissue No prolonged antibiotic use No significant bone loss requiring bone graft Low-virulence Organism with good antibiotic sensitivity

One Stage Revision: Limited Indications

- 1. Acute infections
- 2. Acute Hematogenous infection
- 3. Preoperatively identified low virulence organisms
- 4. Low risk patients factors
- 5. No sinus tract or exposed hardware
- 6. No prolonged AB use
- 7. No significant bone loss (bone graft, stability)

One-stage versus Two-stage revision

	0 0
Two-stage Exchange Arthroplasty	Sepsis. Patients with systemic manifestations of infection
	No Cultured Organism. High suspicion for infection but no organism has been identified
	Antibiotic-resistant Organism. Preoperative cultures identifying difficult to treat and anti- biotic-resistant organisms
	High-risk Patient Factors.
	a. Presence of a sinus tract or exposed hardware
	b. Immunocompromised
	 c. Inadequate and non-viable soft tissue coverage d. Need to utilize higher order reconstructive techniques (bone graft, augmentation, soft-tissue flaps)

Two- Stage Revision: in the majority of cases

- 1. Sepsis
- 2. No cultured organism
- 3. AB resistant organism
- 4. High risk patient
 - ✓ Sinus tract, exposed hardware
 - Immunocompromised
 - ✓ Inadequate and nonviable sort tissue coverage
 - √ higher-order reconstructive

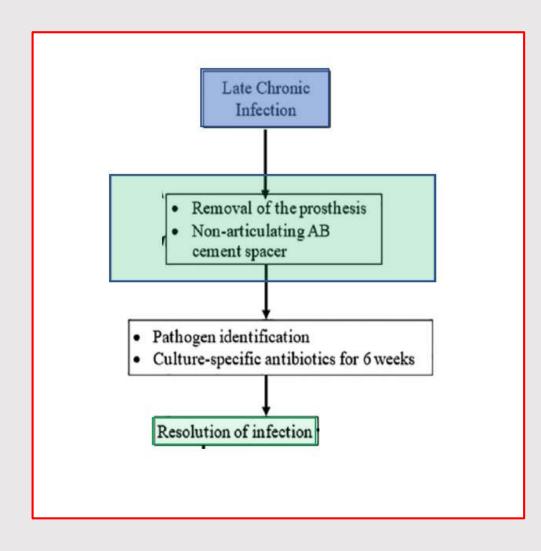
LATE infection



Two- Stage revision

Considerations

- Significant bone loss
- Patient morbidity, disability
- Difficult reconstruction
- Prolonged recovery and disability
- Poorer outcome
- Higher rates and risk of subsequent infection
- Potential failure
- Amputation



Late infection



Clinical, biological and radiological Resolution of Infection

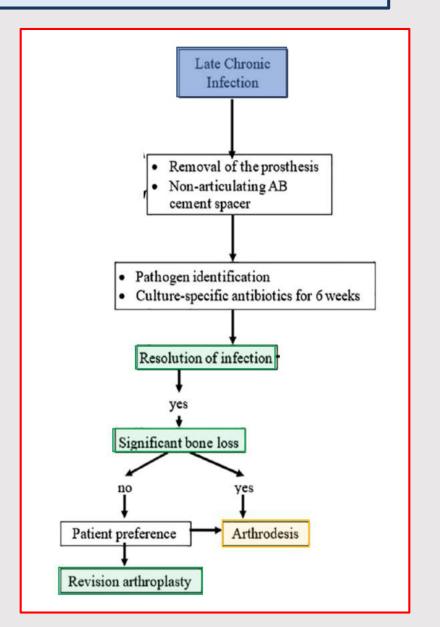
- ESR and CRP > 40 % decline from base line value
 - ✓ Improved pathogen control
 - ✓ Decreased overall biological burden.
 - ✓ Serum D-dimer ? (increase sensitivity and specificity)
- Well healed wound
- Lack of erythema.
- Synovial fluid biomarkers ?

MAZZOTTI 2019 – review

Revision TAA

72 cases (47.4%)

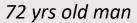
- Infection healing 79.2%
- Good functional outcome 54.2%

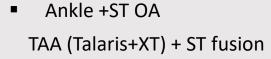


DIU Infection
Osteo-Articulaire



Example of two-stage TAA after late infection







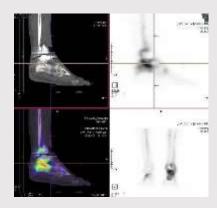


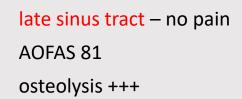












5 mo:







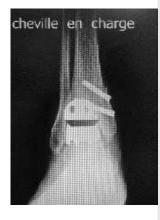






DIU Infection Osteo-Articulaire 6 - 7 Décembre 2022 Lyon - France







Late infection

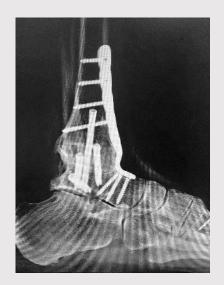
MAZZOTTI 2019 – review

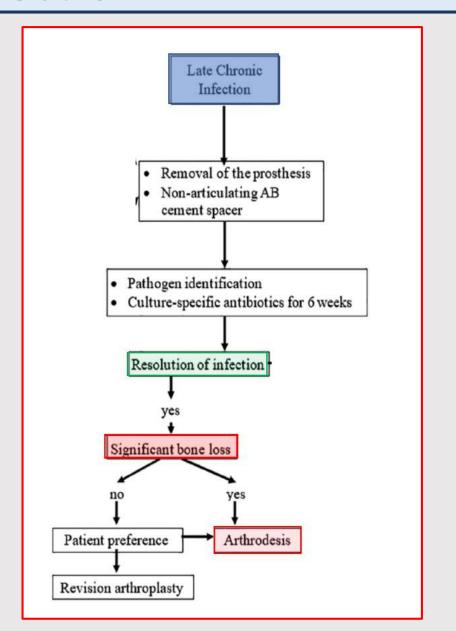
ARTHRODESIS

30 cases (19.7%)

- Infection healing 96 %
- Fusion 80%
- Good functional outcome 40 %







Late infection

D 89 yrs man

Ferrao P - Foot Ankle int 2012 - 9 pts - FU 20.1 mo

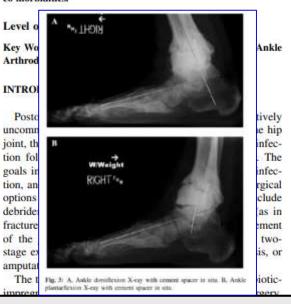
Cement Spacer as Definitive Management for Postoperative Ankle Infection

Paulo Ferrao, FCS(Ortho), SA; Mark S. Myerson, MD; John M. Schuberth, DPM; Michael J. McCourt, DPM Baltimore, MD: San Francisco, CA

ABSTRACT

Background: Postoperative infection can be a devastating complication of ankle replacement and arthrodesis surgery. Management consists of eradication of the infection and either, revision of the initial surgery or some form of salvage procedure. There are instances however when the patient is asymptomatic, medically unfit, or the local tissue is too tenuous to warrant performing additional surgery. We conducted a retrospective review of the outcome of the use of an antibiotic impregnated cement spacer as the definitive procedure in this kind of patient, Methods: There were nine patients with post operative deep ankle infection following surgery who did not undergo subsequent revision surgery. The initial surgeries were either total ankle replacement (TAR) (n = 6) or ankle arthrodesis (n = 3). The indications for the retention of the cement spacer were patients who were asymptomatic following insertion of the cement spacer, did not desire further surgery, or were medically unfit for further surgery. The patients all underwent removal of hardware or implants, debridement, and insertion of an antibiotic impregnated cement spacer. Six weeks of intravenous antibiotics were administered according to culture sensitivity results. Patients were followed up closely for complications (wound dehiscence, spacer migration, bone loss), resolution of infection, functionality, and satisfaction. Results: The average time of cement spacer retention was 20.1 months, ranging from 6 to 62 months. The most common infecting organisms were Staph, Aureus (n = 3) and Staph. Epidermidis (n = 3). One patient had wound complications, possibly due to the proximity of the cement spacer to the anterior skin surface. One patient had a repeat infection at 52 months. The most common co-morbidities were rheumatoid arthritis (n = 3) and diabetes (n = 2). At final followup, seven

patients still had a retained cement spacer and two had subsequent below knee amputations (BKA) performed as a result of delayed complications. Review of the X-rays revealed two patients with loosening and migration of the cement spacer. No patients had signs of excessive bone loss. All patients with a retained antibiotic cement spacer were mobile and able to perform basic activities of daily living with minimal discomfort. Conclusion: The long-term use of antibiotic impregnated cement spacers following postoperative ankle infection is a reasonable option in the low demand patient with surgical or medical co-morbidities.



Late Chronic Infection Removal of the prosthesis Non-articulating AB cement spacer Pathogen identification Culture-specific antibiotics for 6 weeks Resolution of infection Increased perioperative risk: Cement spacer as a definitive treatment

MAZZOTTI 2019 – review

SPACER arthropasty = definitive ttt

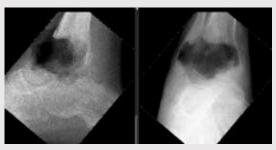
12 cases (**7.9**%)

CNO: subluxation, loosening

Late infection

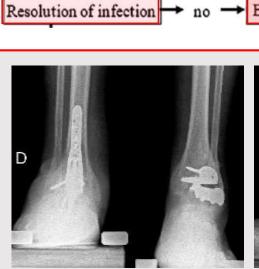












Late Chronic

Infection

Removal of the prosthesis

Culture-specific antibiotics for 6 weeks

Non-articulating AB cement spacer

Pathogen identification



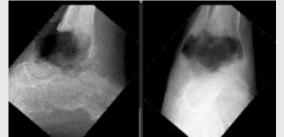


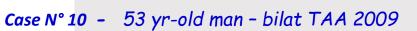


AMPUTATION

9 cases (5.9 %)

due to soft tissue loss, chronic pain systemic condition, persistent infection

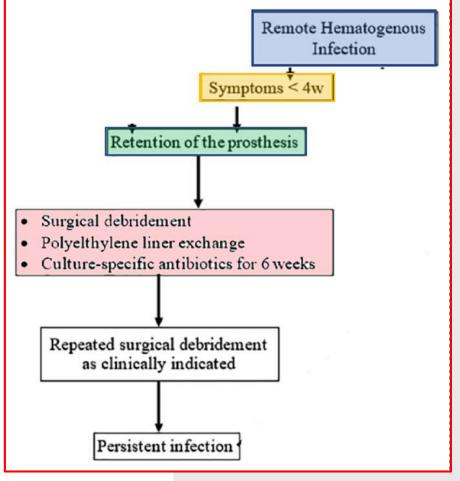


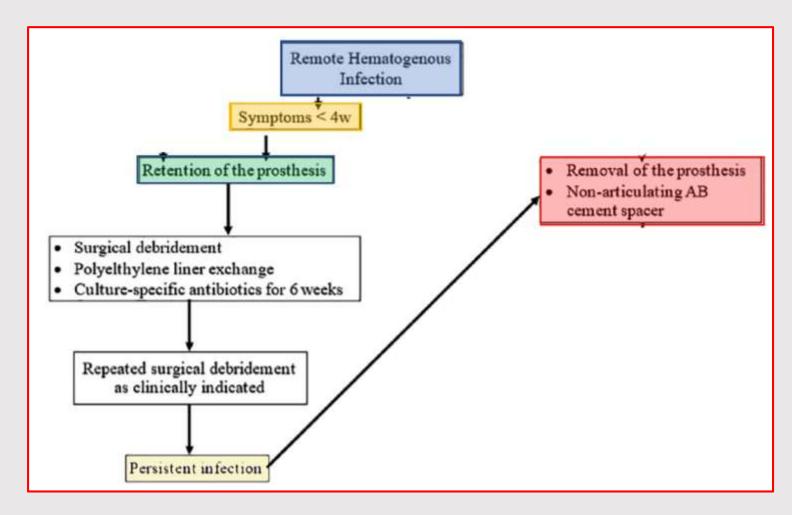


HEMATOGENOUS infection



Symptoms < 4 Weeks</p>





DIU Infection Osteo-Articulaire 6 - 7 Décembre 2022 Lyon - France

Example of Hematogenous infection





81 yrs old man

OA on laxity +equniusTAA sept 2016

■ 1 yr FU: AOFAS 90









15 mo: pain-swelling-rubor
 (history of dental care few mo earlier)

Irrigation-Debridment-PE Exchange

Streptococcus mitis oralis

- Suppressive AB : amoxicilline 3g
- <u>5 yr FU</u> ROM 10°- 0 -30°

AOFAS 77 /100



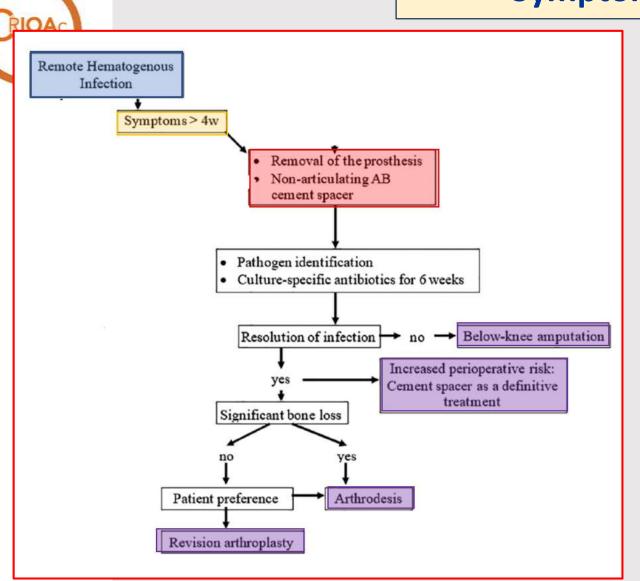






HEMATOGENOUS infection

Symptoms > 4 Weeks



Two-stage revision



SUPPRESSIVE ANTIBIOTICS in PJI ?

Author: Selene Parekh

QUESTION 3: Is there a role for suppressive antibiotics in patients with perioperative joint infection (PJI) of total ankle arthroplasty (TAA) who have undergone surgical treatment?

RECOMMENDATION: Culture-directed antibiotic therapy is recommended for patients undergoing surgical treatment of infected TAA. Routine administration of suppressive antibiotics in patients with an ankle prosthesis in place is not warranted; however, in certain clinical circumstances, this may be of benefit.

LEVEL OF EVIDENCE: Consensus

DELEGATE VOTE: Agree: 100%, Disagree: 0%, Abstain: 0% (Unanimous, Strongest Consensus)

Administration of routine suppressive antibiotic therapy after PJI surgical management

Not warranted

- ✓ Cost
- ✓ Systemic adverse effects
- ✓ Potential emergence of antimicrobial resistance

Maybe benefit in certain circonstances

- Extensive comorbidities
- Resistant organism
- Complex infection



Example of Irrigation-debridement-suppressive AB after Late infection

51 yr-old man



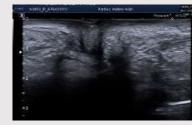
Bilat TAA+ST fusion

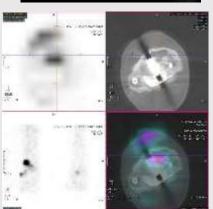
Sept 2019 – left side surgery PO severe wound dehiscence (3mo) IV AB 3 wks *Polymicrobial (SA – SC – Enterobacter)*

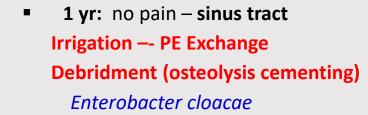




























PREVENTION



□ PRE-operative

- Smoking cessation
- Glycemic Control
- BMI optimization
- Managing immune-modulating comorbidities (RA, chronic lung disease, peripheral vascular disease)
- Screening s aureus ? Some evidence younger patients CA-MRSA
- Foot bath ?

☐ Immediate Pre-operative

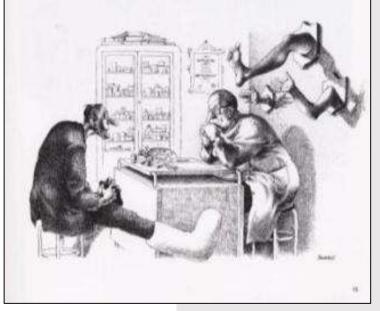
- Prophylactic antibiotics
 - ✓ Timing? (no difference 60-15 or < 15)
 - ✓ If surgery exceeds half life time (2h) 2nd D
 - ✓ No longer than 24 H

□ PER-operative

- Alcohol and betadine based solution
- Planning surgical incision site
- Reducing Foot traffic
- Efficient ventilation system
- Core temperature >36°

☐ Immediate POST-operative

- Drainage wound dressing
- Meticulous wrap protocol
- Post operative cast until wound healing





Thank you for your attention

La persévérance,

c'est ce qui rend l'impossible possible, le possible probable

et le probable réalisé Robert Half

Perseverance

is what makes the impossible possible the possible likely and the likely real

